

++++Christian Meditation++++

DUNEDIN

“Be Still and Know that I am God”

Saturday 11th March 10.30am-2.30pm

Venue: Hall behind house at 89 North Road, N.E.Valley
beside the Sacred Heart Catholic Church.

We invite you to come along to learn,
discuss, question and experience this
ancient form of Silent Prayer.

This introduction to meditation
from a Christian perspective will be
explained in a relaxed and informal way.
It will be particularly helpful for those
who have come along to meditation for
the very first time.

Admission is free. Tea coffee and biscuits provided.

BYO lunch

Contact person: Frank Meenan 0276587964

and (03) 4893690