

# World Community for Christian Meditation

## Auckland Community Day

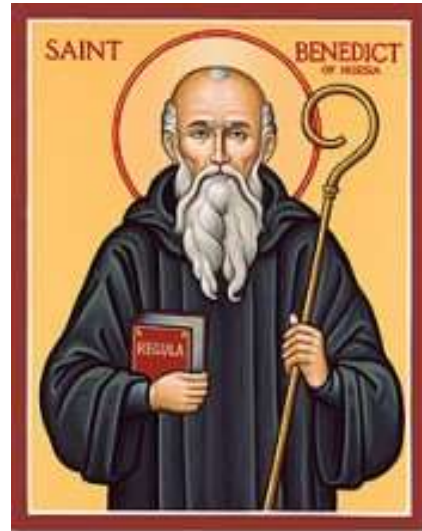
**Saturday 18 March 2023**

**St Mark's Catholic church,**

**334 Pakuranga Road,**

**Pakuranga,**

**10am to 2.30pm**



## Meditation, St Benedict and the Oblates

*Where do oblates fit into the world community for Christian meditation? How does being an Oblate relate to being a meditator? On this community day we will discuss the origins of monasticism, St Benedict and his Rule, how oblates relate to monks, how oblates fit into to the WCCM and how meditation relates to the oblate life. To bring this to life we will look at a group of images showing various monks and monasteries and reflect together on some passages from the Rule.*

This Community Day will be led by Nick Polaschek, a meditator and Oblate of the WCCM, who lives in Wellington.

- Please bring your own lunch
- Please bring a friend
- Please bring a koha
- There will be two periods of meditation
- People new to meditation in the Christian tradition are most welcome
- For more information contact Vincent Maire on 027 276-6032