

World Community for Christian Meditation New Zealand

Community Day

Saturday 24 September
St Leo's Catholic School
4 Owens Road Devonport
10.00am-3.00pm



PRAYING WITH ICONS

Religious icons are commonly referred to as "windows to heaven" or "windows to the eternal". The idea that a piece of artwork can give us a glimpse of the invisible comes from Christology - the study of the person of Christ - which focuses on the Incarnation. Because God took on human flesh, He allows us to see the person of Christ, who is God.

Praying with icons is a form of contemplative prayer that dates back to the very early centuries of the Christian church. **Icon writer Michael Pervan of the Studio of St John the Baptist**, will introduce us to this form of prayer and invites us to bring an open spirit to this fascinating topic.

- Please bring your own lunch
- Please bring a koha
- There will be two periods of meditation
- People new to meditation in the Christian tradition are most welcome
- For more information contact Vincent Maire on 027 276-6032