



New Zealand Community for Christian Meditation

Christchurch Community Day

Dec 3rd 2022

10am-3pm

Catherine McAuley Centre

31 Peer Street

Drive into Villa Maria College grounds

Christchurch

What it would take to believe so firmly in resurrection—both Christ's glorification and the promise of our own—that our lives would be radically transformed by that faith *right now*?

In this one-day retreat, Eva Natanya will guide us through core themes from the award-winning book that she co-authored with Veronica Mary Rolf, called *Living Resurrected Lives: What it Means and Why it Matters* (Cascade Books, 2020). Balancing careful consideration of sacred Scripture with attention to history, theology, inter-contemplative dialogue, and personal meditation practice, Eva will seek to:

- Offer compelling arguments to help us establish a bedrock for belief in the Gospel accounts
- Elucidate St. Paul's teachings on the transformation of the body in resurrection: *What dies? What lives on?*
- Revisit early Christian intuitions about the sublime qualities of the glorified body and explore how we might cultivate such qualities through our own individual practice
- Propose an *embodied resurrection mysticism* that can permeate—and transform—our lived practice every day.



Dr. Eva Natanya has served in many capacities as a practitioner, scholar, translator, and teacher of Indian and Tibetan Buddhism, Christian theology, and comparative religion. Following a nine-year career as a professional ballet dancer with both the New York City Ballet and the Royal Ballet of England, she earned an MA in Christian Systematic Theology at the Graduate Theological Union, and a PhD in Religious Studies from the University of Virginia. She is co-founder of the Center for Contemplative Research in Crestone, Colorado.

- Please bring your own lunch – hot drink provided
- Suggested Koha \$10.00
- There will be two periods of meditation
- People new to meditation are most welcome

For more information, please contact Annette at annettere852@gmail.com