

## CHRISTIAN MEDITATION COMMUNITY DAY

St Francis Xavier Church Hall, Whangarei  
Saturday 10<sup>th</sup> July 2021

VENUE: St Francis Xavier Church Hall, Cnr Kamo Rd and Park Ave

WHEN : Saturday 10<sup>th</sup> July 2021 at 9 30 AM to 3 00 PM.

Bring your own lunch. Tea/coffee/milk provided.

Small koha appreciated.

THEME : PART 11 “Realise above all that you are in God's presence.”

This day continues our reflection on the Brief Rule of St Romuald. We will draw upon authors from other centuries urging the same message. For example the 14<sup>th</sup> Century Author of the Cloud of Unknowing: ..... *there is no name, nor awareness, nor sight which is in as much or more accord with the Eternal ..... as that which may be possessed, seen and experienced in the dark and loving contemplation of this word: IS.*

OR Jean-Pierre de Caussade (18<sup>th</sup> Century): *The divine will is a deep abyss of which the present moment is the entrance. If you plunge into the abyss you will find it infinitely more vast than your desires.*

OR Laurence Freeman : *Living in the present moment is an art that is practiced in daily life. .... Ordinary life is the best school of meditation ..... God is everywhere at all times. Meditation is the daily discipline that teaches us to see God in the here and now.*

*PEOPLE WHO MISSED PART 1 and/or are NEW TO MEDITATION ARE MOST WELCOME>*

*PLEASE LET ME KNOW IF YOU ARE INTENDING TO COME.*

CONTACT: Michael Dougherty  
Email: [mdl@outlook.co.nz](mailto:mdl@outlook.co.nz)  
Phone: 436 5663.