

CHRISTIAN MEDITATION COMMUNITY DAY  
St Francis Xavier Church Hall, Whangarei.  
Saturday 15<sup>th</sup> May 2021.

VENUE: St Francis Xavier Church Hall. Corner Kamo Rd and Park Ave.

WHEN: Saturday 15<sup>th</sup> May 2021 at 9 30 A M to 3 00 P M.

Bring your own lunch. Tea/coffee provided.  
Small koha appreciated.

THEME : “ REALISE ABOVE ALL THAT YOU ARE IN GOD'S PRESENCE “  
PART 1.

This day will be devoted to reflecting upon two aspects of the “Brief Rule of St Romuald”. This rule encapsulates the wisdom and the way of life of those on the spiritual journey homewards. Romuald lived in the 10<sup>th</sup> and 11<sup>th</sup> Century. And yet his teaching has a universal depth and breadth. Like these words of a modern author: *“This joy that is silent is already within us, its discovery is precious beyond compare.”* Martin Laird OSA.

This presentation of the Brief Rule, I have made into two parts. Part 11 will be at a later date.

The day will involve listening, reflecting together, discussion, lectio, and silent meditation.

People new to meditation are most welcome.

PLEASE LET ME KNOW IF YOU ARE INTENDING TO COME.

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