## CHRISTIAN MEDITATION COMMUNITY DAY WHANGAREI Saturday 29<sup>th</sup> June 2019.

Venue: 733 Owhiwa Rd; (Val and Andrew Land's Place) in Library/Chapel.

When: 9 30 am – 3 00 pm Sat 29<sup>th</sup> June.

Bring your own lunch. Small koha appreciated.

**THEME:** A Day With Thomas Merton (1915 – 1968)

We will spend time reviewing the major steps of Thomas Merton's life. We will reflect upon/listen to comments of people who knew/corresponded with him. We will especially reflect upon his own words. He was a person who touched so many through his writings.

He was a person who learned to dedicate himself to prayer and to dedicate himself to humanity.

No matter what mistakes and delusions have marked my life, most of it I think has been happiness and as far as I can tell, truth. – Thomas Merton Vow of Conversation.

The Dalai Lama said that the most striking thing about Merton was : the inner life he manifested. I could see he was a truly humble and deeply spiritual man. This was the first time that I had been struck by such a feeling of spirituality in anyone who professed Christianity ...... It was Merton who introduced me to the real meaning of the word "Christian". – Freedom in Exile Pg 207.

There will be two periods of meditation.

Newcomers to meditation are most welcome.

Please let me if you are intending to come.

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