

Auckland Christian Meditation Community Day

Saturday, March 23rd, 2019

At the home of
Tim and Rosemary Auld
748 Waitakere Road
Kumeu
10am to 3pm



The Unbroken Tradition

Led by Caryl Haley

Inspired by a recorded talk given by Fr Laurence Freeman OSB on the Desert Fathers, Caryl decided it would be interesting to trace the practice of meditation in the Christian tradition from the Desert Fathers and Mothers to the present day. Her research has traced the unbroken tradition from the 3rd to the 21st centuries through the voices of ordinary men and women who lived out extraordinary lives.

Caryl's first degree was in Medieval History from Birmingham University for which she completed a dissertation on the estates of a Cistercian Abbey near her home town of Leeds. In the process of translating over 350 Latin charters, Caryl became fascinated by the daily lives of the monks and the charism of the Cistercian order, an interest that has never waned.

Caryl has been an educator for most of her life and taught at every level from pre-school to tertiary. Her last position was Senior Lecturer in Education at AUT but her most fulfilling role came later when she set up the education facility for young offenders at Wakeria Prison.

Caryl is a member of the St Francis by the Sea meditation group in Manly, Hibiscus Coast.

- Please bring your own lunch
- Please bring a koha
- There will be two periods of meditation
- People new to meditation are most welcome
- If you get lost on the way call Tim on 027 272-0233 or 09 412-8782
- For more information contact Charmaine Tolich on 09 266-7651 or ctolich@me.com