

# CHRISTIAN MEDITATION COMMUNITY DAY

**WHANGAREI Saturday 27<sup>th</sup> October 2018**

VENUE: 733 Owhiwa Rd; Mt Tiger, Old library/Chapel (Val/Andrew Land's place )

WHEN: 9 30 am to 3 00 pm Saturday 27<sup>th</sup> October 2018.

Bring your own lunch. Small koha appreciated.

THEME: THE JOURNEY OF MEDITATION.

The day will revolve around the consideration of meditation being a journey, a pilgrimage. Time will be available to share our respective journeyings and experiences, to consider the respective levels of consciousness that meditators generally experience along the way.

*Our real journey in life is interior; it is a matter of growth, deepening, and of an ever greater surrender to the creative action of love and grace in our hearts. Never was it more necessary for us to respond to that action. Thomas Merton "Circular Letter to Friends Sept 1968"*

There will also be two periods of meditation during the day

New comers to meditation are most welcome.

If you are intending to come please let me know.

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