

# Auckland Christian Meditation Community Day

**Saturday, July 14<sup>th</sup>**

**St Mark's Catholic church,**

**334 Pakuranga Road,**

**Pakuranga,**

**10am to 3pm**



## **MEDITATION, PRESENCE AND THE CARE OF THE DYING**

Vincent Maire is spiritual care coordinator at Harbour Hospice, Red Beach. He was a founding trustee of NZCCM, had four years as national coordinator and continues to serve on the national council. Vincent leads a weekly meditation group in Manly.

At this Community Day Vincent will talk about how the gift of meditation in the Christian tradition enables him to accompany people on their end-of-life journey.

He will explore a range of themes including mindfulness, presence, holy listening, self-awareness; connecting these themes with writers from the contemplative tradition including John Main OSB.

- Please bring your own lunch
- Please bring a koha
- There will be two periods of meditation
- People new to meditation are most welcome
- For more information contact Charmaine Tolich on 09 266-7651 or [ctolich@me.com](mailto:ctolich@me.com)